

## **DR JOHN RYAN**

**MBBS (Qld, 1971), M Sc. Nutrition, Distinction (Lon.1980), FRACGP, DCH (RCP&S,Irel), FAMAC, FACNEM (Nutritional & Env'tal Med), MRCGP (UK).**

### **Current Role:**

- Aspley Medical Centre, 1311 Gympie Road (Cnr Robinson Road), ASPLEY, BRISBANE, QUEENSLAND 4034
- Principle duties. GENERAL PRACTITIONER, Principal and Chair for nine practising general practitioners at Aspley Medical Centre.
- Principle specialisations: Nutritional and Environmental Medicine, General Medicine, Teaching developing GP's (FRACGP), Manipulative Medicine and Acupuncture.
- AHPRA Registration Number: 705 970

### **Executive Summary**

Dr John Ryan is a general medical practitioner; he obtained his medical degree from the University of Queensland in 1971 and an M.Sc. Nutrition with Distinction (London) in 1980 where he topped the course of twenty-eight international post-graduate students. He also has a post graduate qualification in Children's Diseases (DCH) from Ireland, and a post-graduate qualification in general practice from the United Kingdom.

He has served as a Queensland and national examiner of the Royal Australian College of General Practitioners' Fellowship Examinations (FRACGP). He was for five years a member of Complementary Medicines Evaluation Committee (CMEC) of Therapeutic Goods Administration (TGA), being twice re-appointed; this body of ten (including two doctors) advises the Australian Government on the safety and efficacy of complementary therapies. He is past Queensland President of two post graduate medical organisations focusing on nutritional and environmental medicine - as a founding Fellow and national examiner for the Australian College of Nutrition and Environmental Medicine (ACNEM), and as a past Queensland Chair and national Vice- President of the Australian Integrative Medical Association (AIMA).

Dr Ryan was the only surviving Councilor from formation 20 years ago, until his resignation in 2018, and had been Deputy Chair of Council, for the Endeavour College of Nature Health (ECNH). He was also its inaugural Medical Ethics Chair, overseeing quality of research from within the College. The College has some 4,000 students in Australia and New Zealand. This Council acts on behalf of the Queensland Government in over-seeing the quality of some 16 degrees issued by ECNM (formerly Australian College of Natural Medicine- ACNM).

Dr Ryan was the founder, executive director and medical director of Clear Mountain Lodge near Brisbane between 1990 and 2018, personally attracting some 80 like-minded private investors interested in facilitating residential programs for health promotion. He overviewed some 40 staff and the three stages of development from 18 to 35 to 53 units. Clear Mountain won multiple awards including the Queensland Tourism Award (twice) for Special Accommodation.

Dr Ryan has been past Queensland secretary and president, and member of the national board and national examiner of the fellowship, of the Australian Medical Acupuncture College. He has practiced acupuncture for 42 years.

He was for six years the only medical doctor member of the Advisory Board of Canossa Hospital/ Medical Complex at Oxley, Brisbane as it expanded from a Facility specifically for the Dying, into a successful private hospital, fully taken up multiple retirement complexes, specialist facilities especially in rehabilitation (five specialists), a pharmacy and specialised dementia units. The Canossa Nuns received much valuable advice from their advisory board on the funding of these activities.

Inaugural Ethics Chair of ACNM “ Sister Angela Mary and Chairman Mr Frank Clair, who was Chair of CJC at the time, invited Dr Ryan on to a committee concerning funding for The Research Committee of the Mater Hospital, on which he served for four years”.

More recently, he has become a founding director of four Charitable Trusts, including that of his daughter Juliette Wright ([www.givit.org.au](http://www.givit.org.au)), each including a health focus.

Dr Ryan in the last four years has been asked by The Medical Board of Queensland to either act independently, or act as chair of a small group of medical practitioners, in successfully overseeing the Medical Board’s requirements, and supporting in the processes, for five doctors. As required, Dr Ryan has freely communicated with the Board’s representatives on behalf of these colleagues, the process being introduced to assist in the alleviation of the stresses to the doctors involved in such negotiations.

Dr Ryan continues to run a busy practice in Aspley on the north side of Brisbane, where he chairs a group of nine general practitioners. He and wife Jeanie (Dietitian, Registered Nurse and Midwife) are near completion of a 400 page Book, for the public, focusing on Nutritional and Environmental Medicine and its role in preserving both quality and quantity of life.